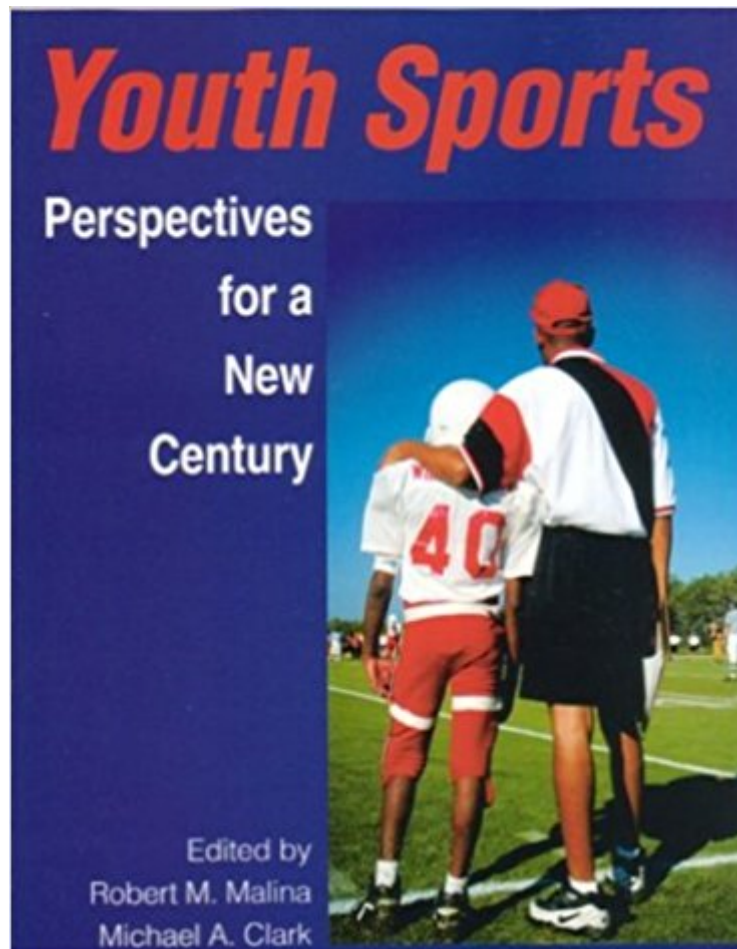




Ebook Directory
the best source of ebook

The book was found

Youth Sports: Perspectives For A New Century



Synopsis

Proceedings of a conference hosted by the Institute for the Study of Youth Sports at Michigan State University, 23-26 May 1999. Youth Sports' Perspectives for a New Century presents a unique blend of discussions of organized sport for children from the research and applied perspectives. The first part of the volume offers comprehensive discussions of biological and health-related issues in youth sports: Growth and maturation, regulation of puberty, cardiac characteristics, dehydration and rehydration, responsiveness to training, injury profiles, and genetic advances in the sport sciences. The second part of the volume offers corresponding discussions of social and psychological issues in youth sports: Social influences, parental roles, attrition and dissatisfaction, anxiety, overtraining and burnout, moral dimensions, and abuse of power.

Book Information

Paperback: 254 pages

Publisher: Coaches Choice Books (December 2003)

Language: English

ISBN-10: 1585188611

ISBN-13: 978-1585188611

Product Dimensions: 10.7 x 8.4 x 0.6 inches

Shipping Weight: 12.6 ounces

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #5,234,910 in Books (See Top 100 in Books) #27 in Books > Sports & Outdoors > Miscellaneous > Sports Science #288 in Books > Sports & Outdoors > Coaching > Children's Sports #64511 in Books > Education & Teaching > Schools & Teaching > Education Theory

Customer Reviews

This book contains a good set of guidelines and perspectives for the parents and coaches of youth sports. Athletics is very important to many kids and parents. Keeping a perspective for many families is the key to success and happiness. Good examples in the book. For more conditioned focus on a particular sport, seek another avenue. Nice job on the subject. Tom Hull
New York Binghamton
Director of Athletics
Youth Sports Commissioner - Basketball, Softball, Training

[Download to continue reading...](#)

Youth Sports: Perspectives for a New Century Practicing Discernment with Youth: A Transformative

Youth Ministry Approach (Youth Ministry Alternatives) Skateboarding: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Football: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Hockey: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Coaching Youth Volleyball - 4th Edition (Coaching Youth Sports) Survival Guide for Coaching Youth Softball (Survival Guide for Coaching Youth Sports) Coaching Youth Baseball - 4th Edition (Coaching Youth Sports) Coaching Youth Basketball - 4th Edition (Coaching Youth Sports Series) Coaching Youth Baseball, 4E (Coaching Youth Sports) Coaching Youth Wrestling - 3rd Edition (Coaching Youth Sports Series) Survival Guide for Coaching Youth Soccer (Survival Guide for Coaching Youth Sports Series) Coaching Youth Football - 5th Edition (Coaching Youth Sports) Coaching Youth Hockey - 2nd Edition (Coaching Youth Sports) Coaching Youth Tennis - 4th Edition (Coaching Youth Sports Series) Coaching Youth Cheerleading (Coaching Youth Sports Series) Coaching Youth Gymnastics (Coaching Youth Sports) Youth Ministry in the 21st Century: Five Views (Youth, Family, and Culture) Sports Illusion, Sports Reality: A Reporter's View of Sports, Journalism, and Society Skateboarding: How It Works (The Science of Sports) (The Science of Sports (Sports Illustrated for Kids))

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)